

## Recreational Clubs in IT Carlow

Airsoft	Dance <ul style="list-style-type: none"> <li>• Ballroom</li> <li>• Hip Hop</li> <li>• Salsa</li> <li>• Irish Dance</li> </ul>	Rugby <ul style="list-style-type: none"> <li>• Tag Rugby</li> </ul>
Archery	Equestrian	Soccer <ul style="list-style-type: none"> <li>• Recreational Soccer</li> </ul>
Athletics	GAA <ul style="list-style-type: none"> <li>• International GAA</li> </ul>	Street Self Defence
Badminton	Golf	Swimming
Basketball <ul style="list-style-type: none"> <li>• Recreational</li> </ul>	Hill Walking	Table Tennis
Boxing	Karting	Taekwondo
Brazilian Jiu Jitsu	Olympic Handball	Recreational Tennis
Cricket	Pilates	Volleyball <ul style="list-style-type: none"> <li>• Mens</li> <li>• Womens</li> </ul>
Cycling	Pool	Yoga
Canoeing/Kayaking	Powerlifting	Zumba